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# **STUNTING & TUMBLING** Level-Flexible ages 6+

Development Programmes & Tumbling classes will work through level appropriate stunts & tumbles.

## **Moberly Sports Centre**

25 Chamberlayne Rd, NW10 3NB 0208 111 1718/ info@theangelsacademies.com https://app.iclasspro.com/portal/theangelsacademies

# ADDITIONS: FLYER & FLEX CLASS JUMPS CLASS

CHARLIE

Funded By Brent Council

FREE

- Thinking about competing Nationally or Internationally with us? New to cheer and thinking about starting? Experienced and want to progress up the levels? Been out of cheer for a while and want to get back into it?
  - Now would be the best time!

## Interested in Competing with us next Season? Great! Training starts now in our 6 week Summer Programme Course.

## Coach Uri New All-Stars Head Coach

Uri Verthime has been involved in cheer since 2008, winning multiple first place and grand champs victories including 2 x ICU first place victories with Team England adaptive abilities. As an athlete he has competed at worlds both in IASF and with Team England Coed at ICU. He is an internationally recognised judge and is the head coach of Blackout Evolution, an adults only program in East London that are going back to Worlds this season for the second time. Having worked with The Angels on and off since 2010, he is very much looking forward to overseeing our competitive teams and fulfilling on The Angels' mission of raising the overall level and standard of the programme.



Athletes will now begin training in our Summer Programme to gain and perfect skills, preparing them for early season competitions. Following the Summer Programme, athletes demonstrating strong skills at our chosen levels will be hand-picked and invited to join one of our competitive teams.

If you cannot attend any of the Summer Programme classes but still wish to compete, please REGISTER YOUR INTEREST. We will contact you closer to September to arrange an observation.

We encourage athletes to use the summer to perfect their skills. Selection will be based on team requirements, so even if you are not strong in all areas, you may still be invited if you excel in specific skills needed to make the team strong. Our goal is to create the strongest and most successful teams possible, and we look forward to seeing our athletes thrive.

#### Please register your interest <u>here</u> to compete, or on our website.

Not ready to compete? No problem! In our Development Programmes, you can work your way up through the levels gradually over time.



Level 2 Development Programme 6-7:30 pm Sports Hall

Coach: Kyra Coordinator: Georgia Cost: £12 per class

> An athlete's position in the program can be changed at any point by the Coordinator if they determine that a different level would be more beneficial for the athlete. For example, an athlete struggling at their current level may be moved down, or an older capable athlete may be moved up to a higher level.

Level 2+

Adult Development

Programme

Ages 17+ 12-1.30 pm

Sports Hall

Coach: Charlie

Cost: £12 per class

Gymnastics Area

For athletes very close

to achieving Level 1 tumbles and higher.

Coach: Nicole +1

Cost: £10 per class

Development

Programme 7-8:30 pm

**Gymnastics** Area

Coach: Charlie

Coordinator: Kyra/Nat

Cost: £12 per class

IF YOU REQUIRE MORE DETAILED INFORMATION ABOUT LEVELS, PLEASE DOWNLOAD OUR 'CHEER/TUMBLE/STUNTS TRAINING LEVELS' DOCUMENT ON OUR WEBSITE <u>HERE</u>.



# **OUR SUMMER TEAM**

#### **Coach Charlie**

Over a decade of experience as a cheerleading and gymnastics coach. includes coaching in the United States for 3 years and being an athlete on Topgun Allstars, where he was in the six-time back-to-back world champion team, DoubleO. He has achieved notable titles including NCA, UCA, and World championships.

#### **Coach Nicole**

Tumbling Head Coach Former GB gymnast. Responsible for ensuring that tumbling skills are taught in accordance with the guidelines set by the All Stars Head Coach & Dev Programme Manager. Aims to maintain consistency across the academy, with an emphasis on technique & execution to achieve high scores in competitions.

#### **Coach Kayla**

School Early Years educator & long term Angels Coach. Manager of recreational cheer & former All-star manager for the 2023-2024 season.

#### Coach Uri

**New AllStars Head Coach** 

Responsible for our Competitive teams, stunt groups, solos/duets etc. Also Head Coach at Blackout Evolution. Over 15 years of coaching experience including 2 gold ICU medals for coaching Team England Paracheer. An internationally recognised cheer judge, judging competitions over Europe & Canada.

Coach Kyra

School Teacher and 2023-24 Reign Junior level 3 Coach and Team Manager. Long-term Angels Coach.

#### **Coach Natalie**

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Development Programmes Manager. Will oversee all of the Development Programmes, Coaches and Co-Ordinators. To ensure fluency and transparency between each programme. Designated Safeguarding Lead and company Director/Founder.

#### Coach Georgia

Safeguarding Officer and 2023-24 Harmony Youth level 2 Team Coach and Manager. Long-term Angels Coach & Angels Breathrough Programme Manager.

#### **Coach Jaida**

Masters athlete and level 1 and Prep Development Programme Coach 2023-24. Long-term Angels Coach.

### Enrol <u>here</u> -max 25 spaces available per class

0208 111 1718/ info@theangelsacademies.com

ANGELS