



THE ANGELS ACADEMIES

SEASON INFORMATION PACK 2025–2026

WELCOME

Welcome to our 26th season at The Angels Academies. Whether you are joining us for the first time or returning to continue your journey, we are excited to support you in becoming not only a stronger athlete but a more powerful and principled individual. Our goal is to develop skilled, confident, and responsible young people who show up for themselves and each other.

This Season Information Pack outlines everything you need to know to make a clear and informed commitment to your training with us this season.

A Message from Our Directors

As Directors of The Angels Academies, we are honoured to lead one of the UK's longest running and most impactful cheerleading and tumbling programmes. For over 25 years, we have remained committed to nurturing young people through sport and character development. Our board reflects the depth and integrity of that mission — including an Ofsted Inspector and Early Years Specialist, a Judge and practising Lawyer, a Family Court Magistrate and Cheerleading Competition Judge, the Deputy Lieutenant for Greater London and His Majesty's Lieutenant for the Commission of Lieutenancy for the City of London. Together, we ensure the highest standards of safeguarding, professionalism, and purpose across everything we do. Recently recognised by His Majesty the King for our outstanding service to youth sport, we are proud to enter our 26th season with renewed vision, deep values, and a powerful community behind us. Thank you for being part of it.

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1. OUR MISSION AND VALUES

Our mission is “**to create happy, healthy, highly skilled, and powerful individuals**” through high-level training and character development. With our company values of integrity, positivity, patience, gratitude and love at the foundation.

Our core values underpin every part of the programme, both on and off the mat. Athletes will be challenged to grow in character as well as skill, and we expect our families to support this.

1A. WELL-BEING AND CHARACTER DEVELOPMENT

Throughout the season, all members benefit from our structured well-being and leadership initiatives, which are a core part of the Angels experience:

- **Breakthrough Programme** – This initiative supports athletes who may be facing challenges in other areas of life, such as at school or home. When requested, we work closely with parents — and where appropriate, school staff — to provide holistic support that helps the athlete thrive both on and off the mat.
- **Leaders in Cheer** – Athletes aged 10+ are welcome to opt into this extended leadership track, which includes termly workshops and real-world tasks. The programme supports the development of key character strengths such as responsibility, resilience, integrity, positivity, communication, and peer influence — empowering athletes to become confident role models both in and out of training.
- **Jack Petchey Achievement Awards** – Recognising young people aged 11–25 for outstanding personal effort and impact.
- **Rise Above Technique** – A junior Angels practical check-in system used before each training session to help athletes ground themselves emotionally, reset their mindset, and show up as their best selves.
- **Mini & Junior Coaches Programme** – Designed for aspiring coaches, this pathway gives athletes the opportunity to learn assistant coaching skills, mentor younger teams, be qualified and develop confidence in a leadership role.

These initiatives are carefully structured to support long-term growth — as athletes, teammates, and individuals.



2. IMPORTANT DATES

- Summer Stunt Training Mon 21st July to Friday 1st Aug. Highly recommended for all competitive athletes.
- Official Season Start Date: Monday 1st September
- Compulsory Choreography week for many teams: Between 20th Oct to 4th Nov for a minimum of 3 days
- Blackout Evolution performance: 11/12 April
- Potential Angels Showcase Weekend: 16/17 May
- Potential End of Season Celebration: 27/28 June

HALF TERMS/TRAINING

- Autumn Season Start- Mon 1st Sept
Oct Half Term- Mon 21 Oct to Sun 2 Nov (1 week)- **Choreography Training for most teams**
Last Day of Autumn Term- Sun 21 Dec
Christmas Hols- Mon 22 Dec to Sun 4 Jan
- First Day Spring Term- Mon 5 Jan 2026
Feb Half Term- Mon 16 Feb to Sun 22 Feb (1 week)- **Training for some teams**
Last Day of Autumn Term- Sun 29 Mar
Easter Hol- Mon 30 Mar to Sun 12 Apr (2 weeks)
- First Day of Summer Term- Mon 13 Apr
Bank Hols- Mon 4 and 25 May
May Half Term- Mon 25 May to Sun 31 May (1 week)- **Training for some teams- definitely for International teams**
Last Day of Season- Sun 28 June

3. TEAM PLACEMENTS AND EXPECTATIONS

All athletes are placed in teams based on ability, potential, attitude, and commitment.

Placement in a team does not guarantee the same team, position, or role in future seasons.

3.A HIGH PERFORMANCE TEAMS

Athletes selected for High Performance Teams are held to the highest standards of skill, attitude, attendance, and coachability. These teams represent the pinnacle of our programme and will be expected to demonstrate consistent discipline, resilience, and focus throughout the season.



Additional training, higher commitment levels, and greater expectations around punctuality, attitude, and progress will apply. Athletes must be open to feedback, willing to train hard, and act as role models for others.

4. TRAINING SCHEDULE OVERVIEW

Teams will train once or twice per week. Along with a potential place on a Stunt Development Programme. Additional optional training may also be scheduled for flexibility, tumbling, and other progression.

5. FEES AND PAYMENT TERMS

- Training fees are divided into 10 monthly instalments, due on the 1st of each month.
- Monthly fees range from **£40 to £100+**, depending on team(s) and class selection.
- Fees include choreography, music, and deductions for scheduled closures (e.g. bank holidays, competitions, or travel).
- **Uniform:** £80 for new members (used for the full 2025–2026 season; due in October).
- **Competition Entry Fees:** £20–£52 per event (tickets and travel not included).
- Additional items may include practice wear, cheer shoes, and travel wear for international teams.

Late payments cannot carry over into the following month. Payments that are later than one month will result in a temporary pause in attendance.

6. ATTENDANCE AND COMMITMENT

Cheerleading is a team sport — every athlete's presence matters. Punctuality and reliability are essential to both individual progress and team success.

All athletes must:

- Maintain **100% attendance**, except in exceptional circumstances.
- Arrive **at least 5 minutes early**, ready to begin.
- **Avoid term-time holidays**, as this may affect team placement or routine involvement.
- **Log absences in advance** via iClass (Account, athlete initials > *Future Absences*) or email in emergencies.

6.A ATTENDANCE POLICY – ALL TEAMS

We use a **Three Strikes System** to ensure fairness:

- **Strike 1:** Reminder and review with athlete/parent



- **Strike 2:** Loss of stunt position or reduced routine role
- **Strike 3:** Possible removal from the team or programme

Strikes may be issued for:

- Unauthorised absences
- Repeated lateness (more than twice per term)
- Missing key sessions (e.g. full outs, pyramids, choreography) without approval

✓ Valid Absences (*no strike*):

- Illness (with doctor's note if frequent or last-minute)
- Family emergency
- Pre-agreed absences requested in advance

HIGH PERFORMANCE TEAMS

These teams require the highest level of commitment:

- **No more than 2 absences per term**
- **No absences allowed within 3 weeks of a comp**
- **Lateness or unauthorised absence may result in immediate removal or demotion**

Families are expected to plan ahead around known school or personal events. These teams represent our most dedicated athletes.

We know that life happens. Please contact us as soon as possible in an emergency — we will take individual circumstances into account.

0208 111 1718/ info@theangelsacademies.com

7. COMMUNICATION AND ADMIN

- All families must subscribe to email updates in iClass.
- Ensure iClassPro details are kept up to date.
- Queries should be sent to: info@theangelsacademies.com

8. UNIFORM AND EQUIPMENT

- All athletes must wear their full Angels uniform at competitions and designated training sessions.
- Angels training kit is required for all practices.
- Cheer shoes are mandatory for athletes on high-level/International teams. Athletes on other teams must wear clean indoor trainers on the cheer floor.
- Uniform fittings for new competitive cheer athletes will take place in October.

Further details regarding kit and fittings will be provided in September.

9. COMPETITIONS AND EVENTS

Each team will participate in a minimum of 3 and up to 10 competitions depending on their level and whether they compete internationally. Attendance at competitions is mandatory, and no absences are permitted within 3 weeks of any scheduled event (**‘Red Zone’ period**). These events are an important part of each athlete’s experience and team commitment.

- All competition team athletes are expected to attend ALL assigned events.
- Event details and travel arrangements will be communicated in advance.
- Please pencil the following dates into your diaries. These represent a provisional list of competitions — not all teams will attend every event. Team’s confirmed competition schedules will be shared in September.

- FC Essentials South, 24/25 Jan, Essex (Halos) (Destiny) (Cherubs)
- FC Spotlight Showdown, 14/15 March, Essex (Halos) (Destiny) (Reign)
- ICE Crawley, 9/10 May (Cherubs)(Reign)
- BCA Allstar Nationals - 23/24 May - (Prime) (Divine)
- FC Barcelona, 30/31 May (End of Half Term)- (Destiny) (Halos)
- Legacy Birmingham, 6/7 June (Divine)
- ICE Peterborough, 6/7 June (Cherubs)(Reign)
- FC Bournemouth, 26-28 June (Destiny) (Halos) (Divine) (Prime)

Athletes on Genesis and Majesty are requested to reserve all weekends from January until we have a final list of competitions from competition providers closer to September.

10. INTERNATIONAL TRAVEL

From time to time, selected Angels athletes and teams may be invited to represent the programme at international competitions or training opportunities. These events are carefully selected to provide once-in-a-lifetime experiences, exposure to elite-level sport, and personal growth through travel. Teams are chosen based on many factors including ages, athletes desiring to travel and those who do not. We aim to gradually expand international opportunities for our athletes as the programme continues to grow.

For the 2025–2026 season, the two teams chosen to compete in **Barcelona on 30–31 May 2026** are **Halos** and **Destiny**. We will likely work with **CheerTravel UK** to organise and manage the trip, including travel, accommodation, and competition logistics.

These experiences may require additional financial contributions and valid travel documentation (e.g. passport), for both the athlete and a parent/guardian. Full details — including timelines, estimated costs, and expectations — will be provided well in advance.



11. ATHLETE CODE OF CONDUCT

We expect all athletes to:

- Arrive on time and be ready to train
- Show integrity, discipline and teamwork
- Uphold a positive and respectful attitude on and off the mat
- Train with focus and determination
- Support their teammates fully

12. PARENTAL SUPPORT AND RESPONSIBILITIES

Parents play an important role in an athlete's journey:

- Ensure athletes arrive on time and prepared
- Encourage accountability, resilience, and a team-first mindset
- Refrain from coaching, comparing athletes, or discussing others' progress
- Avoid spreading negative gossip — it's contagious and counterproductive to your athlete's growth and the overall programme atmosphere
- Direct any concerns or questions through the proper channels
- We ask that all adults lead by example. Alcohol or substance use is strictly prohibited at any Angels event, showcase, competition, or training environment.

13. PARENT COMMITTEE (PTA)

The Angels Academies has a growing Parent Committee — a group of supportive parents and guardians who help to shape the experience of our athletes, provide feedback, organise fundraising or social events, and assist with logistics during key events like showcases and competitions.

Being part of the committee is a great way to stay connected, contribute to the Angels community, and support the success of the programme.

If you're interested in joining or learning more, please let us know at:
info@theangelsacademies.com.

14. WITHDRAWALS AND REFUNDS

- One month's notice is required in writing for withdrawal. You can initiate this in your iClass account by going to Account, click initials, Enrolments and then Drop Enrolment. All fees must be paid, and any borrowed property returned.
- Refunds will not be given for missed classes or mid-month cancellations
- Uniform and competition fees are non-refundable once ordered or committed



15. POLICIES AND SAFEGUARDING

We adhere to all safeguarding guidelines and maintain a zero-tolerance approach to bullying or inappropriate behaviour.

All staff are DBS checked and fully trained in safeguarding.

Full policies available upon request.

16. CONTACT INFORMATION

For any questions or concerns:

Email: info@theangelsacademies.com

Website: www.theangelsacademies.com

Instagram: [@angelsacademies](https://www.instagram.com/angelsacademies)

Facebook: [facebook.com/theangelsacademies](https://www.facebook.com/theangelsacademies)



17. FULL TERMS & CONDITIONS

The following Terms & Conditions apply to all athletes, parents, and guardians registering for the 2025–2026 season.

SEASON COMMITMENT

Participation in The Angels Academies is a one-season commitment. All athletes are expected to attend their weekly training sessions, competitions, and performances. Your commitment to the programme is vital for your team's success.

TEAM PLACEMENT

Team placements are based on age, skill, maturity, commitment, attendance, and team needs. Athletes may be moved between teams at the discretion of the coaching staff if it is deemed in the best interest of the team or the athlete's development.

Being selected for a team means you are representing The Angels Academies. We expect athletes to demonstrate excellent sportsmanship, discipline, and a positive attitude.

TRAINING & ATTENDANCE

Attendance at training is essential. Consistent absence can hinder team progress and may result in an athlete losing their place in the routine. Please arrive at least 5 minutes before your session start time. Athletes must wear Angels kit, have indoor cheer shoes, bring water, and tie hair back. Jewellery is not permitted. Unexcused absences may result in removal from the routine or team. Please notify us in advance of any known absences.

INJURIES & ILLNESS

Injured athletes must notify staff immediately and may still need to attend training to stay current. A medical note may be required before returning.

BEHAVIOUR & CONDUCT



Respectful, supportive, and positive behaviour is expected from all athletes and parents at all times — both in person and online.

The Angels Academies has a zero-tolerance policy for bullying, discrimination, or any form of unkind behaviour. This includes verbal remarks, exclusion, intimidation, gossip, online posts, or messages that negatively target others.

Any behaviour that threatens the emotional or physical safety of another athlete, coach, or parent will be taken extremely seriously and may result in immediate removal from the programme.

We are committed to creating a safe, inclusive, and empowering environment where all athletes can thrive — and we expect all members of our community to uphold these values.

SOCIAL MEDIA

Negative or inappropriate online behaviour by athletes or parents will not be tolerated. All communications should reflect our values.

CHOREOGRAPHY & MATERIALS

All choreography, music, and routines remain the property of The Angels Academies and may not be shared externally or replicated elsewhere. The costs for choreography and music are very high. The price will be divided equally between the team athletes, within their monthly payments.

COMPETITIONS & EVENTS

Athletes must attend all competitions and events unless otherwise arranged. They must arrive in full uniform with appropriate hair and makeup. Parents are expected to conduct themselves professionally.

UNIFORMS & DRESS CODE

Full Angels Academies training gear and uniform are required as outlined. No jewellery or long nails are permitted (visible when looking at the palm of the hand). For uniformity, appearance and presentation, the selected team make-up and hair style **must be** adhered to, unless there are exceptional circumstances.

FEES & PAYMENTS



Fees must be paid on time via iClassPro. Missed sessions are non-refundable. Late fees may apply. Athletes with overdue accounts may be excluded from sessions or events. Late fees cannot be carried over into the following month. In this instance the athlete's position would be suspended until payment is made.

COMMUNICATION

Most communications will take place through email and iClassPro. Families must ensure they have opted in and check emails regularly.

By enrolling, you agree to all the policies and procedures outlined above.

The Angels Academies

One Love, One Family, One Team